

Proper Oxygen Therapy
enhances
performance, strength,
endurance and recovery

Proper Oxygenation

Breathing 100 percent medical grade oxygen at about 3 atmospheric pressure inside a **Medical Class** hyperbaric chamber

Hyperbaric Oxygenation

is natural and non-invasive

It provides optimal recovery and maintenance for a wide variety of physical issues triggered by disease and injury

Hyperbaric Oxygen Therapy

is a safe, comfortable and enjoyable

There are virtually no risks or side effects

Professional facilities provide the highest standards: Staff are medically trained and certified



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We put the O's in YOU

SPORTS

How is oxygen provided?

For your treatment session, you comfortably lay inside a see-through chamber while either napping for about 1 ½ hours or being entertained by chosen music or movie.

Chamber air is gradually replaced with **100% Oxygen and pressurized to about 3 atmospheres:** (bolded text is the definition of hyperbaric oxygenation). As pressure increases, most report a slight and temporary "fullness" in their ears.

After ten to twenty sessions, within a two or four-week period (respectively), capillary and nerve regeneration as well as organ repair will be substantial.

"Came in broken, few sessions later I was almost fixed !

From Wheelchair back on a snowboard in six months.

Miracle!
Thank you so much!"

P.M.
New Westminster



Is the session safe?

YES! Both the chamber and session environment are **absolutely safe.**

The chamber is **Health CANADA certified** as a **Medical Device:** the highest standards.

Also, before and during your session **medically trained and certified staff** ensure your safety and comfort.

SPORTS

NATURAL OXYGEN THERAPY

Stay Well Get Well



HEALTHUP

HealthUp Oxygenation Clinics

What can **Proper Hyperbaric Oxygen Therapy** do for my performance?



HEALTHUP OXYGENATION

Relieve pain with oxygenation naturally!

Muscle pains or cramps

Lately, especially after vigorous training, I feel exhausted, my muscles ache and cramp and recovery seems slow.

Q: Is there anything I can do?

A: YES!

Hard working muscles require the extra oxygen Hyperbaric can quickly deliver.

Oxygenation reverses fatigue caused by the high amounts of waste products, such as ammonia and lactic acid produced during vigorous exercise.

High Oxygen Levels

Oxygen Therapy, by coupling **high pressure with a 100% oxygen environment** within a hyperbaric chamber, forces large amounts of oxygen, up to 20 times, deep into tissues:

Oxygenated tissue facilitates peak-performance by not only suppressing inflammation but also reducing fatigue and recovery time.

Incorporating Oxygen Therapy as part of your training regimen will provide significant ongoing benefit.

Brain Injury and Concussion

Oxygen therapy plays a major role in **brain Neuro-rehabilitation:**

Even if the injury was sustained long before Hyperbaric Treatments

If you are suffering long-term disability from Traumatic Brain Injury (TBI), Post Traumatic Disorder (PTD) or concussion, start treatments **NOW!**

Their common factor is lack of adequate oxygen supply to the nervous system. This can cause swelling, inflammation and death of brain neurons.

Damage reversal (highly probable) will result in better concentration, memory, speech, vision, mood, sleep, motor control, walking, balance and coordination. Fewer headaches and dizziness are also likely outcomes.

Swelling & inflammation

Q: How can I stop the pain caused by swelling and inflammation, which by day-end is unbearable?

A: **Oxygen therapy** is the answer.

Almost instantly, within 3 to 5 sessions, substantial reduction of acute swelling, inflammation and associated pain is accomplished by the reduction of excess fluids in the damaged tissue.

Also many Chronic conditions can be alleviated. However, about 15 to 20 sessions may be required to re-establish microcirculation and nervous tissue.

Maintenance sessions serve to minimize severe re-occurrence.

Stem cell increase

Q: I know increased numbers of stem cells enhance tissue repair. Is it possible to increase stem cell production?

A: YES!

Current research confirms a single Hyperbaric session can double stem cell count whereas 20 sessions can increase count by up to eight times.

Resultantly, that places Hyperbaric Therapy as the most natural, safe and economic stem cell therapy.



Oxygen Therapy: Comfort inside a hyperbaric chamber